

WALKING  
**AMBLESIDE  
FOREST WALK**

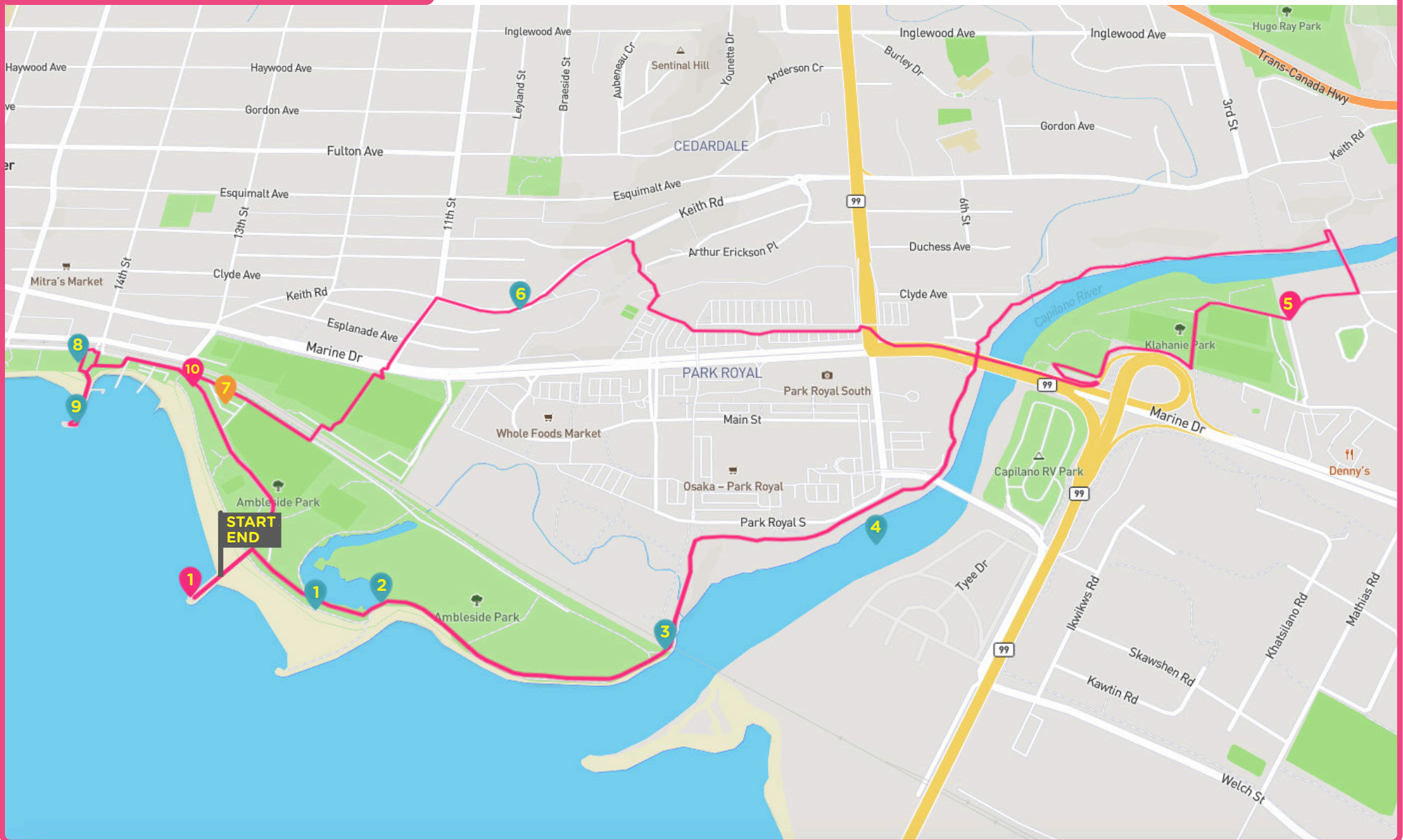
By Vancouver Biennale

7KM ROUND TRIP | 8,750 - 10,500 STEPS  
1:45 - 2:20 HOURS

**VANCOUVER BIENNALE  
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PRESENTED BY



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**ABOUT THE TOUR**

West Vancouver is on the traditional and unceded territories of the Coast Salish People, in particular, the Squamish, Tseil-Waututh and Musqueam First Nations.

Starting at Ambleside's Welcome Figure, in proximity to the Capilano River estuary, the walk will take you through the ancestral summer fishing and camping territories of the Squamish and Tseil-Waututh Nations. You will follow the river toward the salmon hatchery and Cleveland Dam and then cross over the bridge at Woodcroft Estates on to Fullerton Avenue and a new towering high-rise community, thus offering a striking juxtaposition of Nature and urban environments. Taking you to revered Indigenous sites and early settlement locations, the tour will conclude at the historic Ferry Building, adjacent to Ambleside's fishing pier.

**ROUTE STOPS**

1	<b>SQUAMISH NATION WELCOME FIGURE - STAN JOSEPH</b>	Ambleside Park Geach Groyne
2	<b>X̱WEMELCH'STN (CAPILANO INDIAN RESERVE)</b>	
3	<b>CAPILANO PACIFIC TRAIL</b>	Dog Walk Area of Ambleside
4	<b>SPIRIT TRAIL</b>	Spirit Trail at Ambleside
5	<b>CAPILANO ESTUARY + SITE OF INDIGENOUS ROCK WEIR FISHING</b>	Capilano River West of Bridge St.
6	<b>X̱WEMELTCH'STN - FAST MOVING WATER OF FISH JAMES HARRY</b>	3000 Park Royal S
7	<b>SQUAMISH NATION BURIAL GROUND AND JOE CAPILANO MAUSOLEUM</b>	102 Keith Rd.
8	<b>AMBLESIDE ARTISAN FARMERS' MARKET</b>	1000 Argyle Ave.
9	<b>FERRY BUILDING</b>	1414 Argyle Ave.
10	<b>AMBLESIDE FISHING PIER</b>	Ambleside Park
11	<b>SPIRIT OF THE MOUNTAIN</b>	Ableside Park
12	<b>AMBLESIDE PARK</b>	Foot of 13th Street

